

PLEASE SEND CONTRIBUTIONS TO:
HAPPY@RISEUP.NET



Camarada Bienvenido,

Here's to fighting the good fight. To the pursuit of art, health, and happiness and to the mind, body, and spirit that wants nothing less than revolution.

We have begun and will continue here, the first issue, our first zine:

The Happy Anarchist

The Happy Anarchist is an all inclusive, open forum publication and we'd like your help. Please send any poems, essays, drawings, recipes, project ideas, surveys, excerpts, quotes, tabature, photographs, adventure stories, anonymous communiqués, CIA leaks and letter bombs to:

Happy@riseup.net

**Your Friend,
Su amigo,
Happy From The Atmosphere**

Colorado Springs, CO
April 26, 2006



JUNK FOOD FROM SCRATCH!!



We tried to make potato chips for years but to no avail. Each and every time we create limp, thinly sliced potatoes soaked in oil, good with ketchup but defiantly not potato chips.

Well through the grace of the God of Free Stuff we were given a potato cookbook called The International Spud in which we found this lovely recipe:

Serves 4

- 3 quarts safflower oil, peanut oil, or corn oil, for deep frying
- 4 medium-sized baking potatoes, washed thoroughly, peeled, (or not) and thinly cut
- 1 cup cornstarch
- salt to taste (optional)

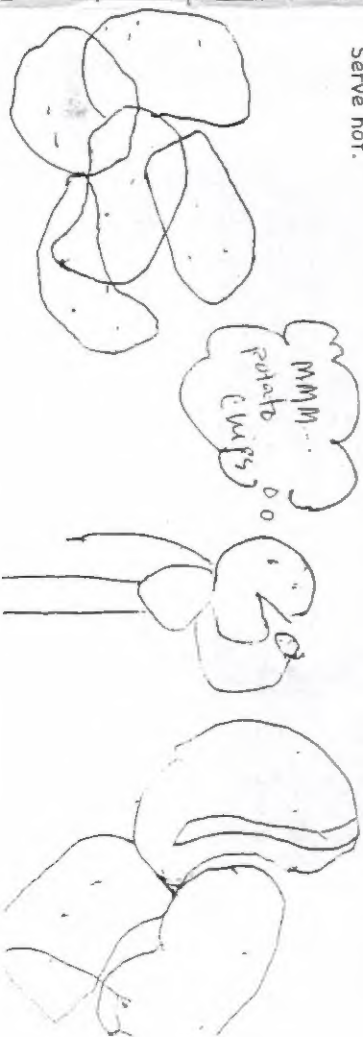
1. In a heavy 6- to 8-quart pot over medium high heat, heat frying oil until a potato slice dropped in oil sizzles. When it sizzles, it's hot enough.

2. Meanwhile, put sliced potatoes into colander and rinse under cold water. Pat and rub dry with paper towel (to remove potato's surface starch) In a large bowl toss together cornstarch and potato slices until potatoes are evenly coated, shaking off any excess cornstarch.

3. When oil is ready, lower deep frying basket into oil (if you don't have something like a deep frying basket just dump in some potatoes and remove with a slotted spoon) Deep fry chips for about 3 minutes or until crisp and lightly golden brown. (Note: Be careful not to overcook chips, as they will continue to cook slightly even after removing them from oil) Remove from oil and allow to drip for a moment before transferring potatoes to a paper towel-lined baking dish (or place them on cardboard or a paperbag to soak up oil). Place in the oven at 200°F to keep warm until ready to serve.

4. Repeat with remaining potatoes

5. Sprinkle salt just before serving because salt will break down the oil on the chips. Serve hot.



u!ck
E4p S

Don't pay for toilet paper

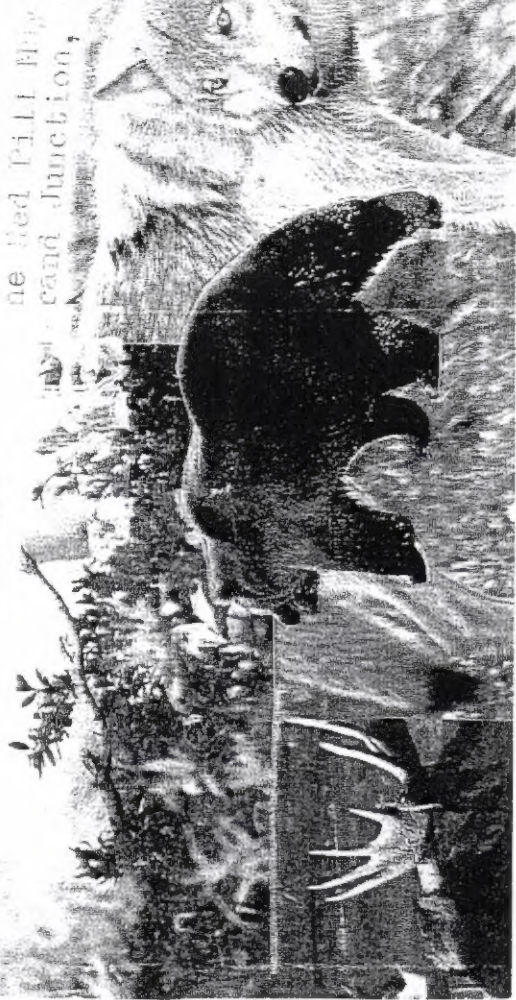
One way to save money, particularly in a house where lots of people congregate and poop, is to steal toilet paper. But don't waste your time on those weak little 500 sheet rolls. No, I'm saying get yourself a big camping pack and get into a bathroom with those industrial size roll dispensers. Open the top with a pair of keys, screw driver, multi tool or any skinny flat object. Pull out the large TP rolls and you'll notice a couple screws securing the dispenser to the wall. Remove these and the unit should come off. Place the roll back inside and put entire unit in your pack. Walk away as if nothing happened

The evangelical right is fond of saying that homosexuality is "against nature." But the following animals have all been cited engaging in homosexual activities. Each one has been reported in the scientific literature, which was scoured by biologist Bruce Bagemihl for his mammoth survey, Biological Exuberance: Animal Homosexuality and Natural Diversity.



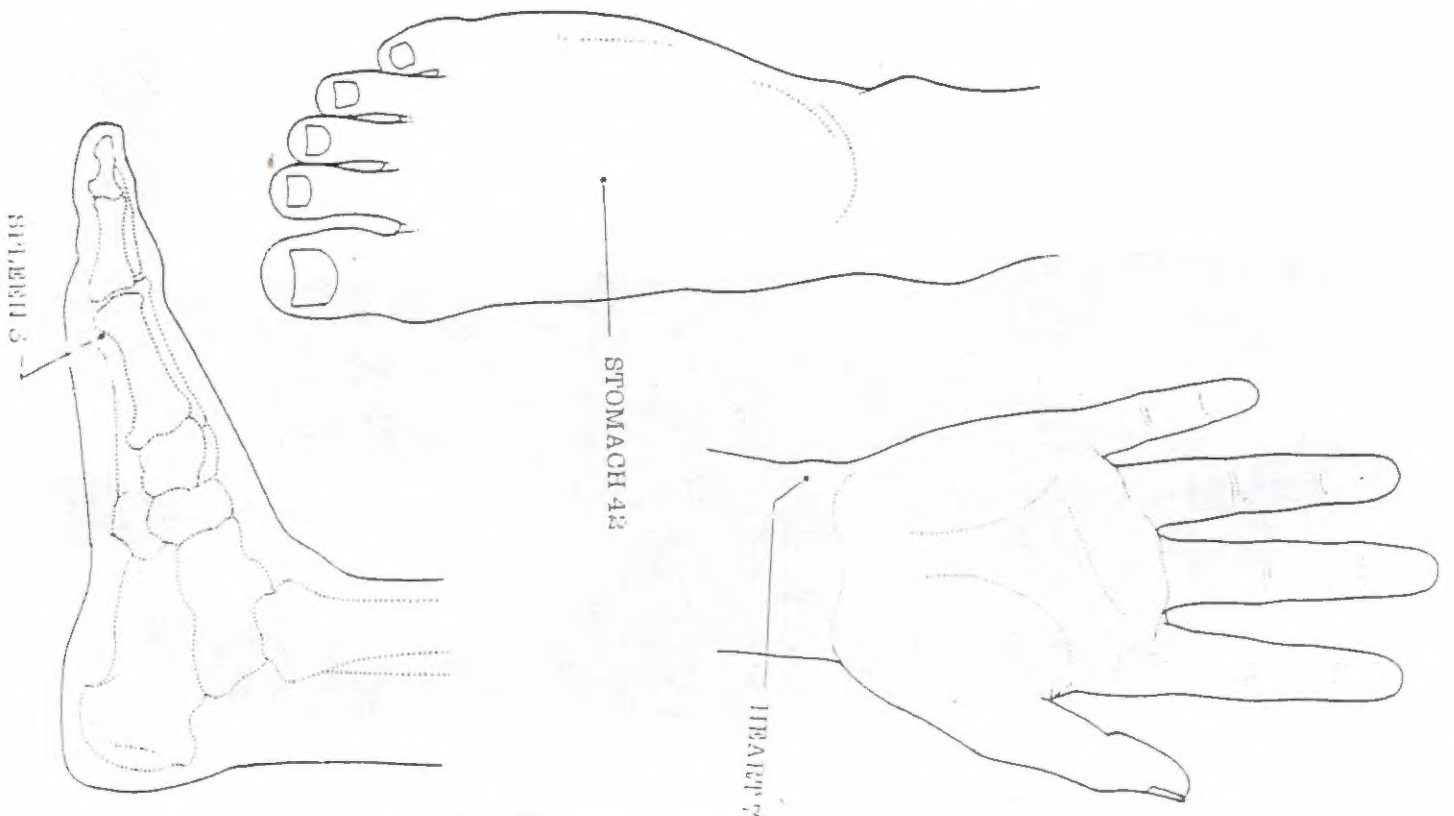
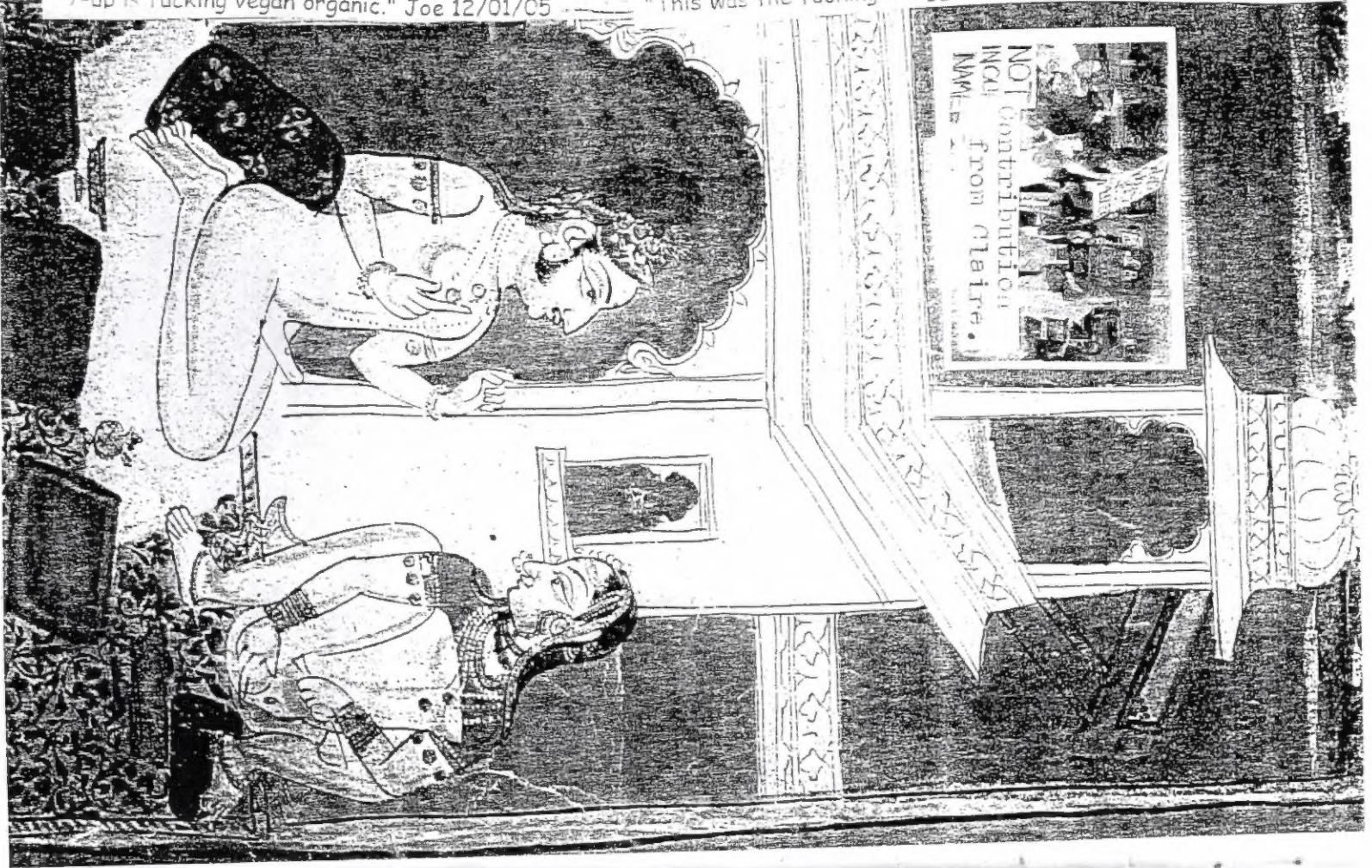
LIST
63 GAY ANIMALS.

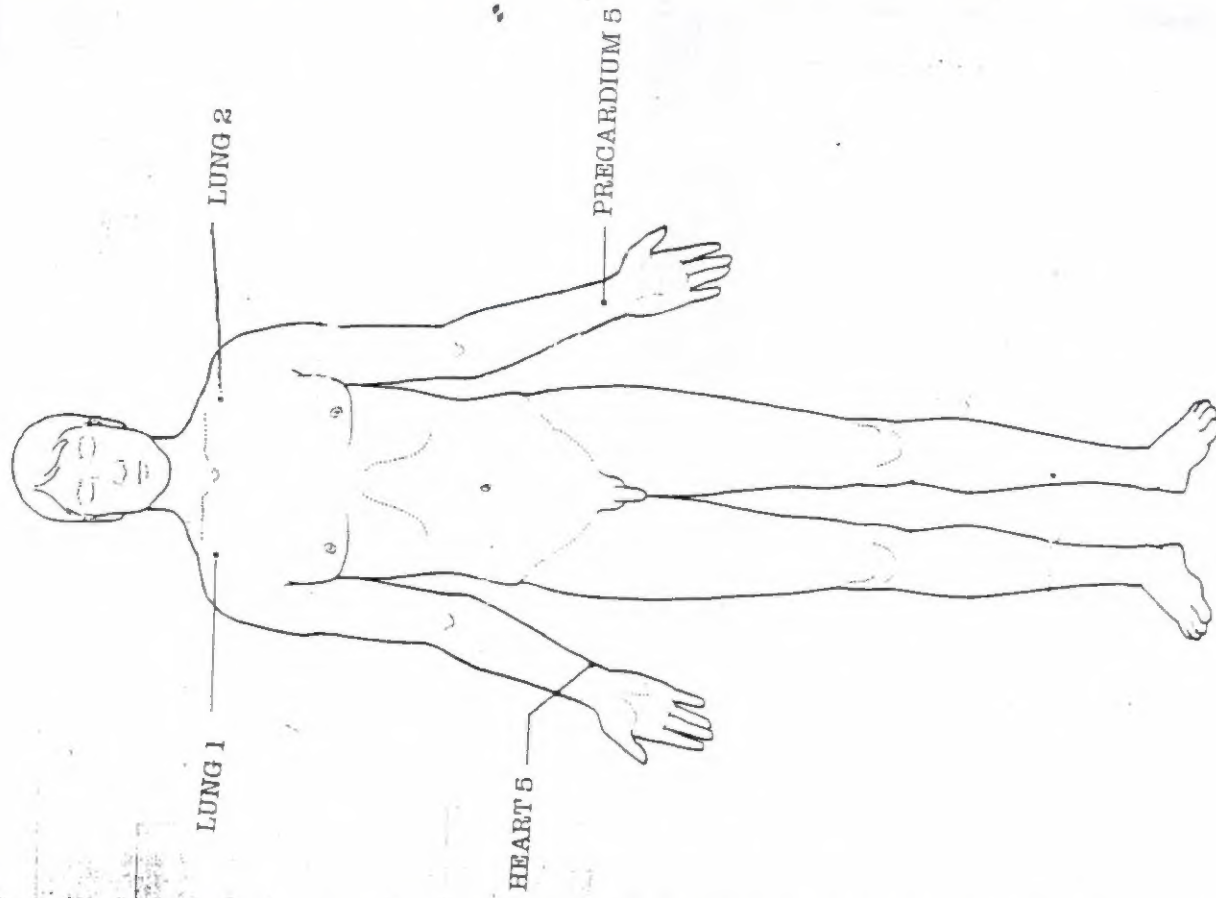
- | | |
|---|--|
| 1. Baboon | 34. Lion |
| 2. Barn owl | 35. Lizard |
| 3. Bear (including black grizzly, koala, and polar) | 36. Mallard duck |
| 4. Bighorn sheep | 37. Monarch butterfly |
| 5. Bonobo (a primate) | 38. Mouse |
| 6. Brown rat | 39. Mountain zebra |
| 7. Caribou | 40. Octopus |
| 8. Cat (domestic) | 41. Orangutan |
| 9. Cheetah | 42. Ostrich |
| 10. Chicken | 43. Penguin (several types) |
| 11. Chimpanzee | 44. Pig |
| 12. Cockroach | 45. Porcupine |
| 13. Deer (several types) | 46. Rabbit |
| 14. Desert tortoise | 47. Raccoon |
| 15. Dog (domestic) | 48. Rattlesnake |
| 16. Dolphin (several types) | 49. Raven |
| 17. Dragonfly | 50. Salmon |
| 18. Duck (several types) | 51. Sand shark |
| 19. Elephant (African and Asian) | 52. Sea otter |
| 20. Emu | 53. Seagull |
| 21. Flamingo | 54. Sheep |
| 22. Gazelle | 55. Swan (several types) |
| 23. Giraffe | 56. Tasmanian devil |
| 24. Goat | 57. Turkey |
| 25. Gorilla | 58. Vampire bat |
| 26. Gray squirrel | 59. Walrus |
| 27. Guinea pig | 60. Warhog |
| 28. Hamster | 61. Water buffalo |
| 29. Herring gull | 62. Whale (including bow head fin, gray killer, and Fin) |
| 30. Horse | 63. Wolf |
| 31. Housefly | |
| 32. Hummingbird (several types) | |
| 33. Indian rhinoceros | |



"7-up is fucking vegan organic." Joe 12/01/05

"This was the fucking smuggest deer I've ever seen." JETT 11/11/





Anxiety/Panic Relief Pressure Points



But Claire, there's no God and the sun's gonna swallow the earth." Joe "But what's that got to do with me?" Claire 12/02

Acupressure Points

Learning acupressure points can be a helpful and logical supplement to any herbal medicine and holistic healing regime.

Learning key points or "golden points" can be invaluable especially in emergency situations where nothing else is available. Whether you are the healer or the one in need of

healing it is important to remain calm. The following

acupressure points aim to help you or your friend in need do just that. Each point should be pushed firmly but not too hard, enough pressure to feel your heart beat through the point and no more. Hovering gently around the point and trusting your intuition will help you to find just the right spot. Hold points for several minutes and release slowly. Unless a bruise or cut is present, massage the immediate area around the pressure point for a moment after releasing. Test points on yourself first and use common sense! Never press bruises or abrasions! These points can also be used in everyday life to help relieve stress and general unease.

Acupressure Points

on

next page...

Cathryn Bauer Author of Acupressure for Everybody provided the following meditation that can help when you really need to chill the fuck out. Feet on the floor, deep breath, concentrate on your pressure point:

Imagine that you are inhaling a golden light. Draw it deeply into your lungs. Now exhale. See yourself expelling a cloud of gray, stagnant air. Let the exhalation complete itself before you inhale again. Repeat until you feel calmer.

Now bring your attention to your feet. Feel the way your feet connect with the floor or the earth. Feel the earth supporting you.

Again, breathe slowly and deeply until your anxiety symptoms pass.



FUN LIBERATION FRONT: COMMUNIQUÉ NUMBER ONE

There is the fun liberation front communique #1
Welcome to the struggle to reclaim the fun
of life!

Fun is being held hostage--tied up and chained
between money and laws, we find at every corner
there is someone telling us no, someone saying, "You
can't do that here." They say if you don't have the
money, if you don't have the permit, if you don't have
the looks, you can't have fun here.

We are the secret underground of laughter and
joy, bringing fun to all spaces public. We raise our fist
at the state, water gun in hand.

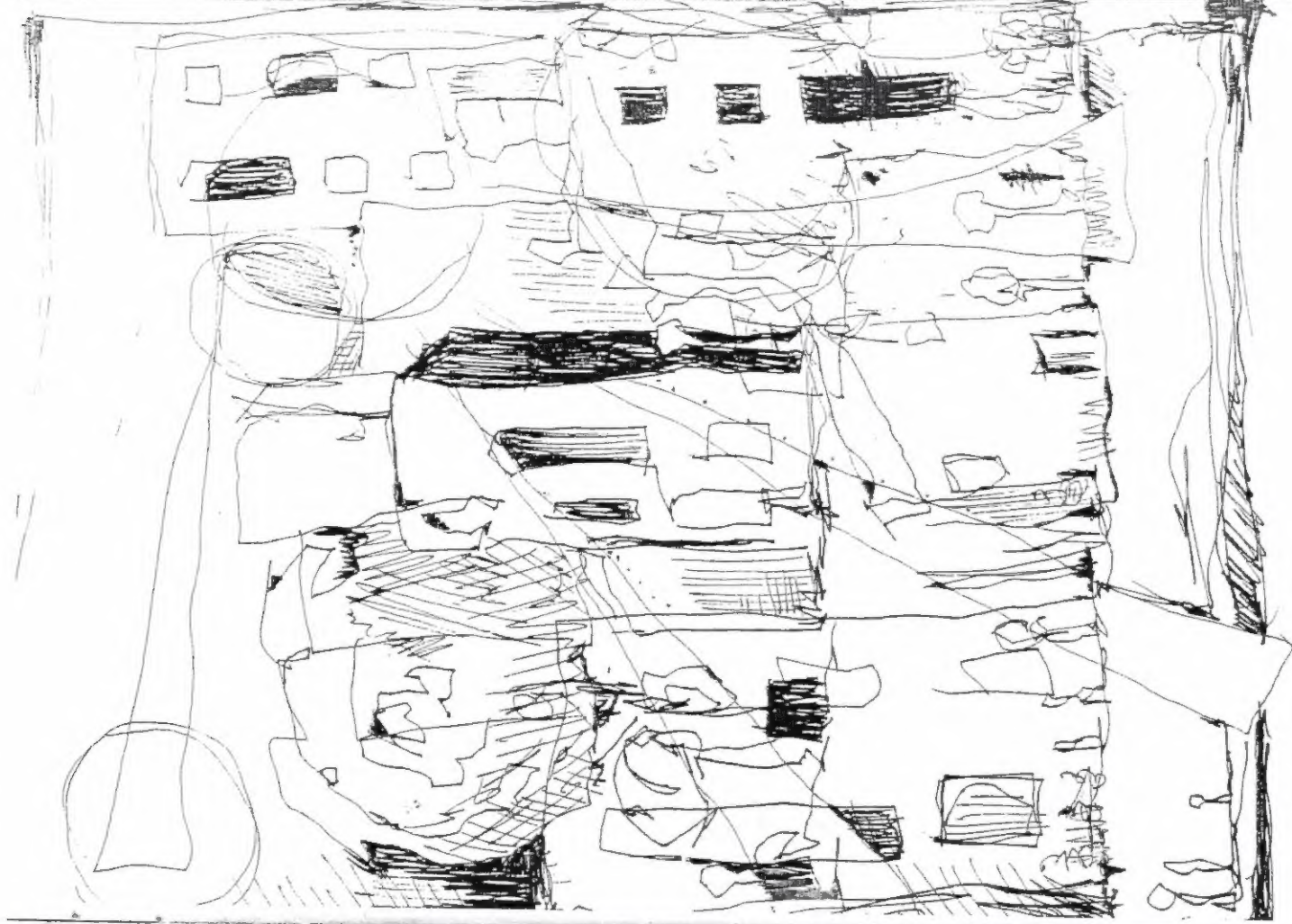
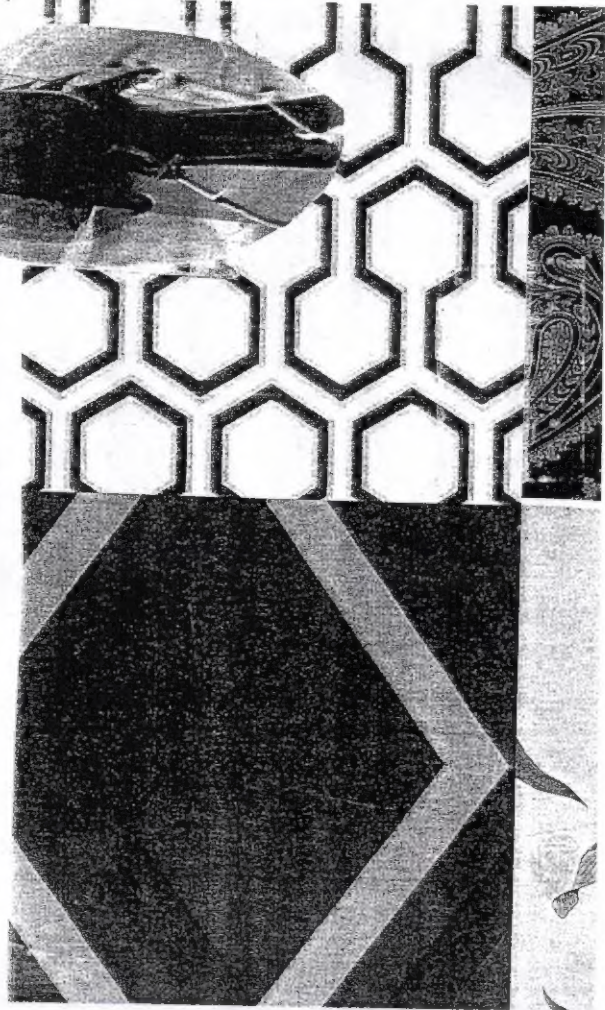
We are armed with balloons and pies, sand
boxes and tea sets. We claim the streets, the parks, and
the fountains for the sake of smiles. Our imagination
is unstoppable, our joy irresistible, and our laughter
contagious.

We are impossible to stop, for we are everyone
and we are no one. We emerge from the shadows to
laugh and to play, to create a space where joy is free,
laughter is beautiful, and fun is never ending. When
play time is done, we retreat back into anonymity.

So grab your friends and lovers. Set a play
date. Takeover the park for a water fight (pick up the
balloons!), have a tug-o-war in the intersection, have
a food fight in the mall. Play flashlight tag when the
park is closed. Have tea with your stuffed animals on
the bridge.

As the FLF grows and plays, fun will be held
hostage no more.

The FLF April 10th
Grand Junction, CO



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BE PREPARED FOR THE COPS!

Use the following guidelines should you be visited by a security agent of the state (police, FBI, secret service, DEA, CIA, etc.):

1. DO NOT LET THEM IN. You do not have to give your house, car, or person, unless they have a search warrant. Politely refuse and tell them to contact your lawyer. If you do consent to a search it can affect your rights later in court.

2. IF THEY HAVE A SEARCH WARRANT ask to see it. Make sure everything is perfect. If they conduct a search, watch them closely, and make sure they do not exceed the boundaries set by the warrant. Do not interfere with, or obstruct, the search-- you can be arrested for it.

3. SAY NOTHING. You do not have to answer questions or identify yourself. It is not a crime to refuse to answer questions, even if they have a warrant, although it may make you appear suspicious. What you say to the police is always important, as it will be used against you and others. Politely refuse and tell them to contact your lawyer.

4. DON'T BE INTIMIDATED. Be polite but firm. They may pretend to have information. Let them rave, let them lie, let them make up stories. It means nothing. Do not try to outwit or question them. They may be stupid, but they are trained in how to obtain information. Even a seemingly bit of harmless information can help them and hurt you or others.

5. KEEP CAREFUL RECORDS of everything they say or do. Write down everything.



Acquiring crates is easy if you know where to look. Most gas stations have at least a few outside by the dumpster. These trash cans can be gated off but are easily accessible through the gate or by scaling the fence. We've found lots behind drugstores and in alleys. Really anywhere milk is sold, consumed, or produced. Though crates are easy to obtain, caution should be used while out hunting. I've seen several of them

labeled with anti-theft labels i.e. \$500.00 fine etc... Night is the best time and even better when the establishment is closed

You would walk back with six or more at a time cause you have two free hands. Bikes are way faster but they leave you with only one free hand to carry. Although on a bike you could attach more to your back pack or rack. Cars are another option, though it takes some fun out of the hunt. I once pulled away in a friends vehicle with over twenty crates piled in the trunk and back seat.

Scarlett

Most milk crates are dark colored, hard plastic cubical containers, used to contain four gallon jugs of milk and measure 13"x13"x10". Others are longer and are rectangular and I've seen some that are metal. They're made of the most resilient plastic. You can drop them off a fucking building and not break them. They all stack on each other as high as you like.

One good and obvious use is storage. Empty beer cans, bottles, recycling. They make great shelves for books (library), cassette tapes, videos, DVDs, Vinyl, bike parts, etc...

Next time you're putting the car up on crates as opposed to bricks, you'll never go back. They can also be used as furniture; stack two high for a sturdy seat. Add more for an armchair still more for a full sized couch! And if you really need to, use them to contain four gallon jugs!

6. LET OTHERS KNOW. Don't go on the defense-- get offensive. Go public. Spread the word. Alert others others (friends, relatives, children, coworkers, everyone) and tell them to refuse to cooperate. Put out literature. Contact the media. Demonstrate. Keep careful records of all forms of harassment you and others experience.

7. IF YOU ARE ARRESTED tell the police nothing besides your name and address. Ask to see a lawyer immediately. Do not talk without one. Anything you say can be used against you or others. Make no decisions about your case until you have talked to one.

8. IF YOU ANTICIPATE TROUBLE do not carry address books or any material which may help authorities. Be careful with drugs, traffic tickets, and other things that can be used against you. Establish security procedures within your group. Keep duplicates of all important materials in a safe place. Keep in mind the state is not beyond fabricating charges or using extralegal means, so prepare emergency and contingency plans, be security conscious, and stay alert.



REMEMBER THAT THE AUTHORITIES ARE NOT ABOVE GOING TO GREAT LENGTHS TO SQUELCH SUBVERSIVE TENDENCIES. KNOW YOUR ENEMY AND LEARN FROM THE PAST. AND REMEMBER-- YOU ARE NOT ALONE.

Your lawyer is: _____ phone _____



You

&

Your

Quarrelist

History

The Haymarket Affair

[Chicago mid to late 1800's]

Hedge Witch Vocabulary
Infusion: n. also known as 'herbal tea'

is approximately one large
teaspoon dried herb to one
cup boiling water. Herbs should
not be boiled with the water
but simply let sit in a covered
pot once combined. This is
called 'steeping'. Most infusions
should be steeped ten to fifteen
minutes and taken hot.



THE HEDGE WITCH

(The Hedge Witch is not a doctor!)
(thank god.)
(Our health is Your responsibility!)
(Take care and listen to your body!)

THISTLE

(milk thistle, blessed thistle etc....)

Has been known to aid in the treatment of a wide range of things from liver disorders to increasing milk flow during lactation. I use Thistle for it's anti-asthmatic properties to treat tightness of breath and bronchitis. Drink it as a tea and drink it very hot. Thistle has lots of tiny clear hairs that will float in your tea but fear not! drink those too! The tea will be very bitter (bitter is good for you.) so, feel free to add honey to taste if you must. Here's what you do:

Thistle Tea

*1/4 to 1/2 tsp thistle :
1 cup boiling water

*infuse 15 minutes

Dose: 1/4 to 1/2 cup 3 times daily

As with most teas don't over do it. It may be wise not to take daily for a prolonged period of time. Use your best judgement.

By the last half of the 1800's the Industrial Revolution had changed the face of the western world irreversibly. The arrival of the modern factory along with a wave of newly arrived cheap immigrant labor led to new lows in unsafe, unsanitary working conditions, long hours and starvation wages. Accompanied by this plunge in working conditions was a rise in labor movements all over the world. Chicago, an industrial boomtown by nature saw much of this labor struggle and was a hotbed for anarchist, socialist and communist activity of the day.

By the late 1880's Chicago's labor struggle had reached a fevered pitch. With a hostile media and police force often acting as a catalyst to violence. Riots and police beatings grew in number and frequency. In 1886 Chicago labor leaders in part with anarchist, socialist, and communist community leaders organized a one-day general strike as part of a continuing campaign for worker's rights and



the eight-hour day. On May 1st 80,000 workers took to the streets of Chicago and despite the large attendance of both a public and private security police force the march ended without incident and was largely considered a success by labor activist around the world.

The peace of the May 1st general strike however would soon be broken. On May 3rd, just two days later, police clashed with strikers at the McCormick Reaper Works factory with tragic results. The union workers, who had been locked out of their jobs since February, were assailed upon by police who clubbed men, women, and children indiscriminately. In the ensuing riot two workers were killed and many who witnessed the event later sighted it as a galvanizing moment in there struggle against an ever more oppressive capitalist system.

The events of May 3rd sent out a rallying cry to local labor activist. That cry was met by several prominent radicals of the time and a meeting was planned for

A Million W/ the People!

MASS-MEETING

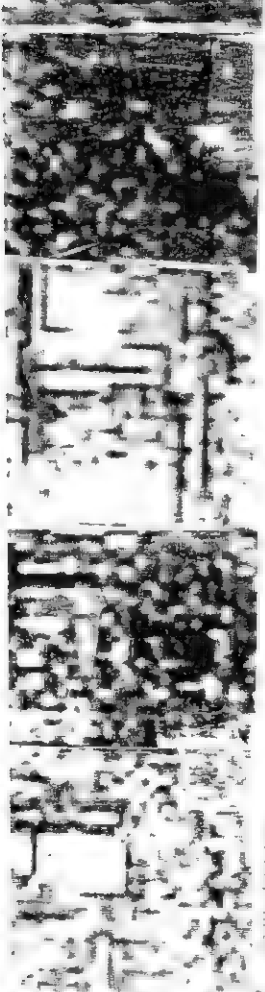
Millions of Strikers!

Organize the Struggle!



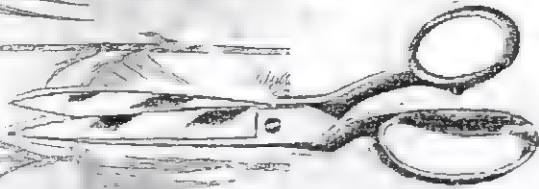
Can You Speak Up?

Living in a community house has brought me to many realizations. After an attempt to live with a lot of people and I spent a lot of time listening to others, I had been uncomfortable speaking around large groups of people. I had used to be a person of speaking to people who are not like me. This team is deeply rooted in the community and we are people like me. There are people like me. One night I was sitting in a room and when a conversation arose about a picnic I was interested in and I started to interject. This conversation marks the first time I express an opinion to a group of my friends. This action of communicating with a large group of people is a natural. Communication is an attribute of being human. The situation is not only expressing myself verbally to others was based around the fact that I was not used to living and interacting with individuals that have no common values or interests. The interaction leads to a break down of ideas and ultimately an understanding. We have entered a time when people can rely on similar upbringings to access common urban geography of towns and cities is showing children, growing minds and situations where they are surrounded by people who have nothing in common with them. Leads to children become unable to express their thoughts and feelings and are often by their peers and their elders. The value of isolation prevails due to the importance to understand that I am not saying that other people's ideas are not as important as mine. But I do strongly believe that if we strive for growth and development around people with common beliefs and norms and traditions, we can have a more successful communication becomes natural. Communication is natural. When it is not natural, an individual in my early twenties I am just finding my voice. So this is the voice that I whisper, but other times it takes me a long time to find my voice. I feel like I am not heard and my mind and heart and deep in my gut. It is time for a movement and a voice to be heard. We all know what how to do this because it is in us. The help that Revolution has been present in annual more specifically human civilization. It is not thousands of years, it lives inside of us. You know that place inside you that says "good"? That's where revolution lives. That place where you feel that you are not good, you need very little. That's where revolution lives and lives in every one of us. That's that may want children, it is only fair accurate - it is only fair accurate to be born children into this world that can speak freely and in an environment where they are allowed to bounce off of buildings in the streets. Scream about revolution. It is not a demand. We need to create this environment for ourselves, for our children. That is what we mean anything. Where-ever/however this means to you just start talking. I am the first to silence. I said - I am tired of the silence.

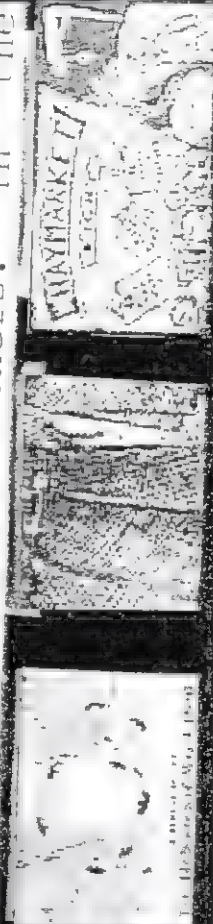


Why is English
the only language
that capitalizes the
I that means "I"?

MAY DAY
BLUNT PANK

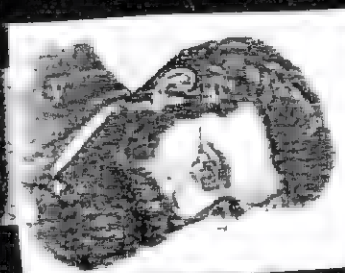


the next day, May 1st, at Haymarket Square in Chicago. The event was to include a number of speakers from a variety of political backgrounds and organizers set out printing posters and leaflets and securing speakers. On the day of the rally attendance was less than expected and on most accounts the speeches given that day were relatively tame. In the evening as the crowd began to disperse, Samuel Feilden, the last speaker, prepared to make his closing statements. Feilden however was interrupted by group of police officers led by the now notorious Captain Bonfield. The captain and his 145 officers marched through the dwindling crowd and ordered that the meeting be dispersed. Feilden protested briefly but conceded, stepping down from the speaker's platform. As Feilden stepped down witnesses noticed a small round metal object fly through the air. It exploded into the crowd instantly killing Officer Matthias J. Degan and wounding several others. In the

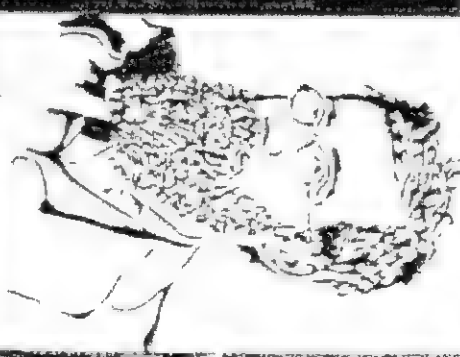


chaos that followed cops fired wildly into the crowd killing at least 4 attendees and seven fellow officers. By morning newspapers all over the city decried the "anarchist violence" and called for blood. Police riding high on a frenzied public opinion, discarded the law and began an anarchist witch-hunt that eventually lead to the arrest of eight Chicago radicals.

A grand jury assembled on May 17th 1886 took ten days to compile a sixty-nine count indictment for the murder of Officer Mathias J. Degan. The indictment named eight defendants: August Spies, Albert Parson, George Engel, Adolph Fischer, Louis Lingg, Michael Schwab, Oscar Neebe, and Samuel Fielden. The trial began June 21st and from it's onset was riddled with legal inconsistency and blatant abuse of court proceeding. During jury selection the special bailiff in charge of filing venires, or panels of potential jurors, reportedly bragged about



MICHAEL SCHWAB- Once quoted as saying, "violence is one thing and Anarchy is another... We advocated the use of violence but against violence only, as a necessary means of defense." Schwab attended the Haymarket rally briefly but left to attend another rally.



LOUIS LINGG- An anarchist and organizer for Chicago's Carpenter's Union. Lingg regularly practiced with a rifle and knew much about dynamite and assembling bombs.



ADOLPH FISCHER- An extreme anarchist, Fischer was a type-setter for the Arbeiter-Zeitung and co-editor of Der Anarchist. He attended the Haymarket rally but left before the bomb was thrown.



ALBERT PARSON- Editor of the English language counterpart to the Arbeiter-Zeitung called the Alarm. Parson spoke for over an hour but left before the rally ended.



having stacked jury selection with jury members he believed would be biased against the defendants. Throughout the trial the defenses attempt to present a competent case against the state was continuously hampered by the gross error in judgment of the presiding Judge Gary, who throughout the course of the trial dismissed significant portions of the defenses case while granting wide latitude to the prosecution. When the defense objected that so much of the evidence the prosecution presented had little or no connection to the crime, the objections were continuously overruled. On August 19th a jury of twelve men deliberated for several hours before reaching a decision. A guilty verdict was read early the next morning. Seven of the eight anarchist being sentenced to death by hanging and the remaining defendant, Oscar Neebe receiving life in prison.

After an appeal for clemency Samuel Feilden had his sentence

reduced to life in prison and the appeal process for all eight anarchist began. Numerous appeals, redresses, affidavits and even appeals to both the state and federal supreme courts however, fell on deaf, unsympathetic ears. November 11th, the scheduled execution date marched closer and with the six sentenced to death refusing to ask for clemency there was little to be done. On November 10, 1887 though it was clear that not all six slated for execution would go to the gallows. Louis Lingg who in his civilian life had been a small arms dealer and explosives enthusiast took his own life by igniting a blasting cap inside his mouth in his prison cell.

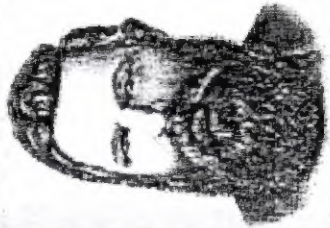
On November 11th the fateful day arrived. The five remaining anarchist dressed in white hoods and long white robes were marched to their fate. Nooses were placed around each neck and in turn each spoke their last words. Most famously of all perhaps was August

OSCAR NEEBE- A declared communist and organizer for the labor movement. Neebe did not attend the Haymarket rally.



GEORGE ENGEL- Member of the International Working People's Association. Engel was at home playing cards when the bomb went off.





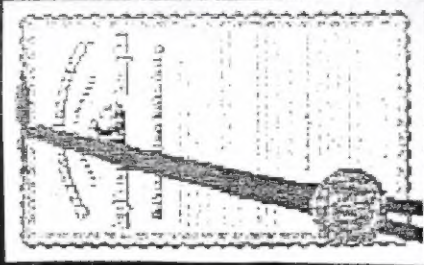
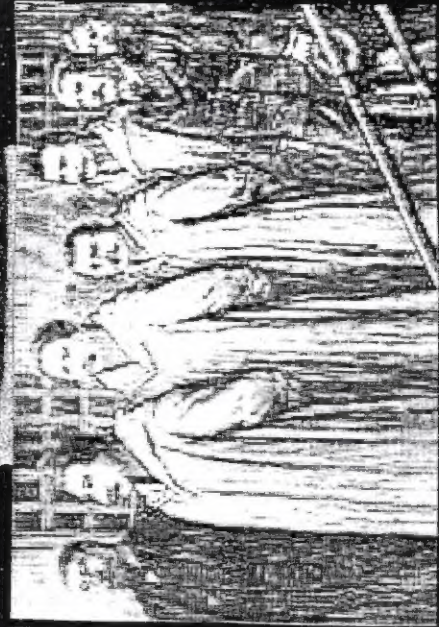
SAMUEL FIELDEN- A member of the International Working People's Association. Fielden was a popular orator and the last speaker at the Haymarket rally. He was wounded in the knee when the bomb exploded.




AUGUST SPIES- Editor of the German language anarchist paper the Arbeiter-Zeitung. Spies was the first speaker but left before it's fiery conclusion.



Spies' inspiring final words, "There will come a time when our silence will be more powerful than the voices you strangle today!" A monument to the dead was erected several years later in 1893 and still stands today. Those who had fought for the lives of six sentenced to death continued to fight for the living through appeals for clemency. The remaining prisoners each spent seven years of their life sentences before Governor Altgeld, under heavy criticism, pardoned the surviving three. After intense review of the case and its misconducts Altgeld wrote a full pardon stating that it was "clearly [his] duty" to "grant an absolute pardon to Samuel Fielden, Oscar Neebe, and Michael Schwab."



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>May</div>	1	2	3	4 	5 1st 1/4	6
7 <i>Community Meeting</i>	8	9	10	11	12 CINCO DE MAYO	13 O moon full
14 MOTHER'S DAY	15	19	17 Tulip Time	18	19 MALCOM X HO CHI MINH ANDRE THE GIANT B-DAYS	20
21 <i>Garage Sale</i>	22	23	24	25 Argentina Revolution (1810)	26	27 NEW moon
28	29 MEMORIAL DAY	30	31			